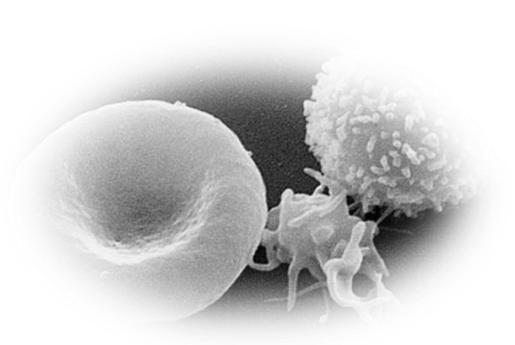
Hidden immunological talents of platelets: Role in RSV infection

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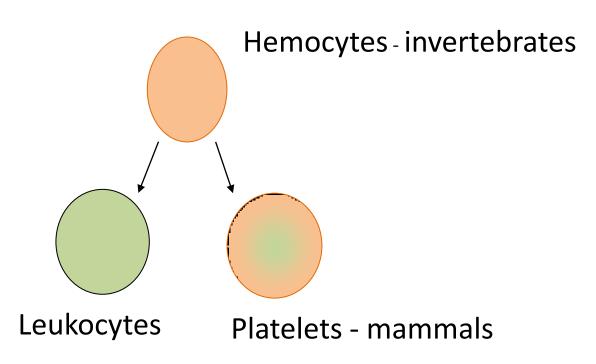
- Respiratory Syncytial virus (RSV) is major causative of acute LRTI in young children¹.
- Wide range of symptoms: Cold-like to serious problems such as bronchiolitis and pneumonia which can be lifethreatening.²
- Globally, 34 million episodes of acute LTRI, resulting in about 3.4 million hospitalizations per year.³
- 1. RSV| CDC: http://www.cdc.gov/rsv/. Accessed August 11, 2014.
- 2. RSV in Babies: http://www.webmd.com/parenting/baby/rsv-in-babies. Accessed August 13, 2014.
- 3. Nair H, et al. Lancet. 2010

- No licensed vaccine, symptomatic treatment¹
- Indicating that a full understanding of host immune responses to RSV is yet to be achieved.
- Research on the innate responses to RSV has been focused on epithelial cells and immune cells such as monocytes and dendritic cells. Others??

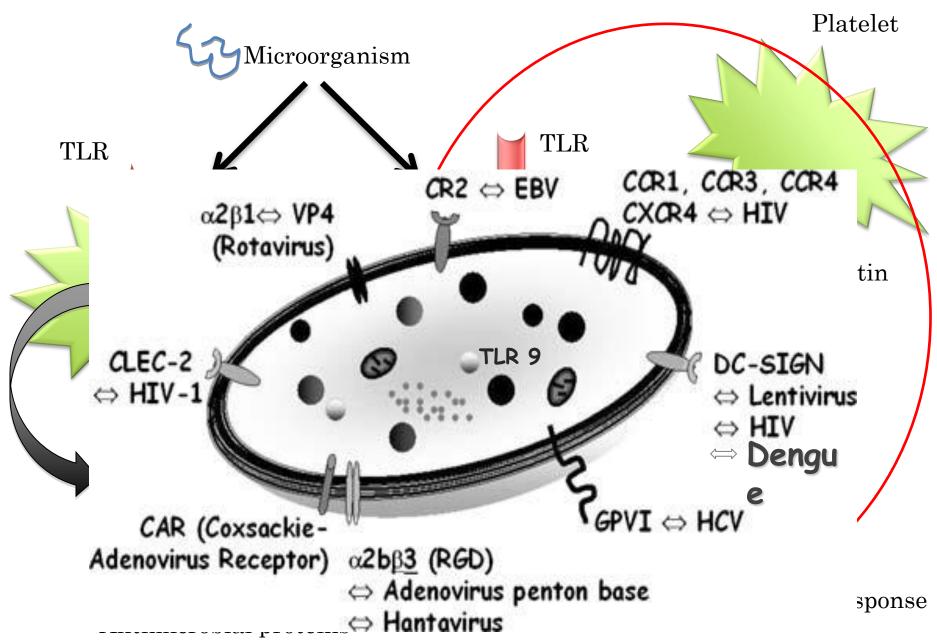
1. RSV in Babies: http://www.webmd.com/parenting/baby/rsv-in-babies. Accessed August 13, 2014.

Humans have 10x more platelets than required for hemostasis

- 150-400 x10⁹ /L vs 20-30 x10⁹/L
- Also play role in inflammation, immunity / host defense against infections.



Platelets in the immune system

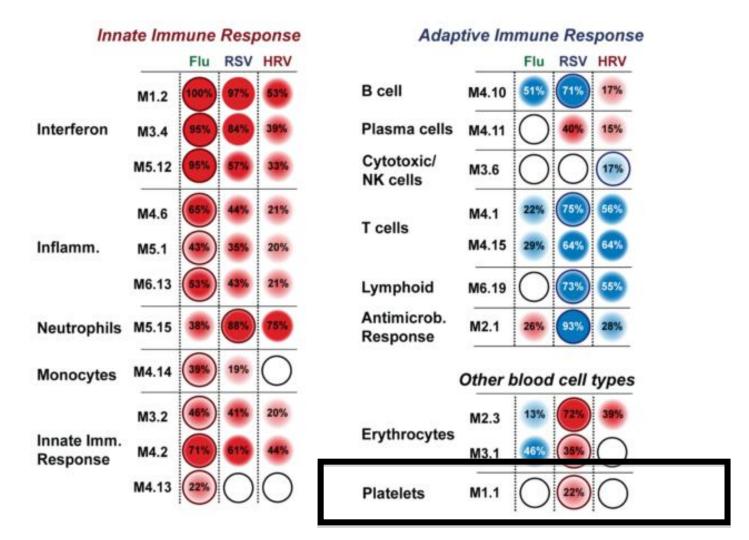


- Despite these evidences that platelets are part of the innate immune system^{1,2}, their immune function in RSV infection has not been explored.
- Studies on platelets in the context of RSV disease have reported the occurrence of thrombocytosis^{3–5} and decreased mean platelet volume⁶ in the course of infection.

- 1. Speth C, et al. Future Microbiol. 2013
- 2. Semple JW, et al. Nat Rev Immunol. 2011
- 3. Liu H, et al. Zhongguo Dang Dai Er Ke Za Zhi. 2014
- 4. Kubota M, e al. *Acta Paediatr*. 2005
- 5. Bilavsky E, et al *Isr Med Assoc J*. 2010
- 6. Renshaw AA, Gould EW. Am J Clin Pathol. 2013

- Waghmare et al reported that there is an association between thrombocytopenia and increased mortality and detection of RSV in blood.¹
- Mejias et al, whole blood gene expression profile to assess immune responses and biomarkers of disease severity in a cohort of infants with LRTI.²

- 1. Waghmare A, et al Clin Infect Dis. 2013
- 2. Mejias A, et al PLoS Med. 2013



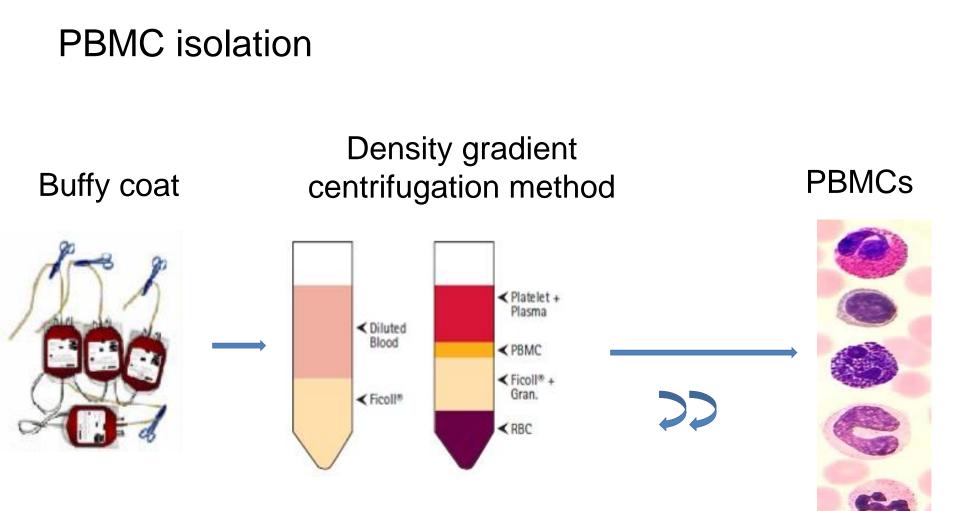
Mejias A, et al PLoS Med. 2013

Aim of the study

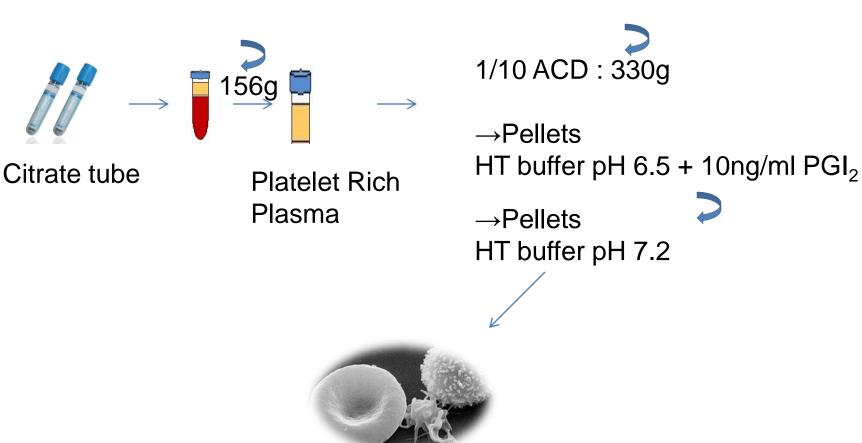
To explore the role of platelets in host response against RSV infection

- 1. Determined whether platelets could inhibit RSV infection in monocytes in vitro
- 2. Determined whether platelets modified immune response to RSV in vitro
- 3. Explored the importance of platelet-leukocyte interaction in these effects

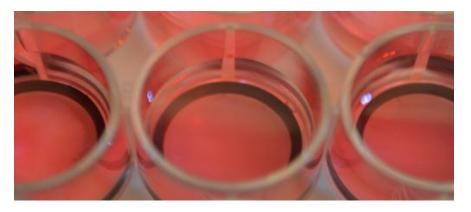
Methods



Platelet isolation



PBMC stimulation assay



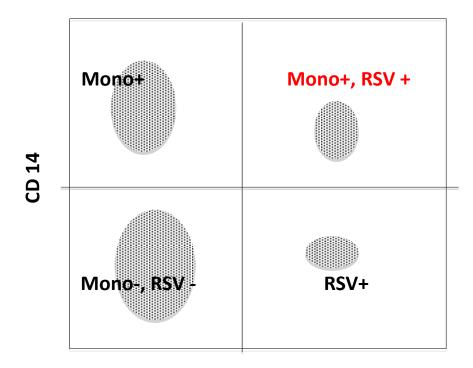


PBMCs + RSV **Platelets**

- PBMC:platelet ratio = 1:150
- FITC-GFP labeled RSV
- MOI of 10
- Incubated for 48 hrs at 37°C, 5% CO₂ humidified atmosphere ¹²

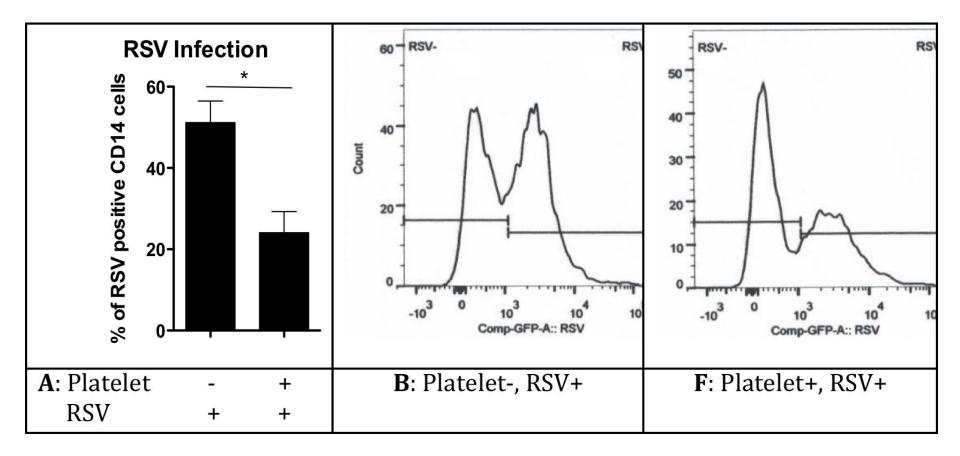
Methods.....

- Monocyte marker CD14
- The **percentage of monocytes infected with RSV** was analyzed by FC500 flow cytometer.



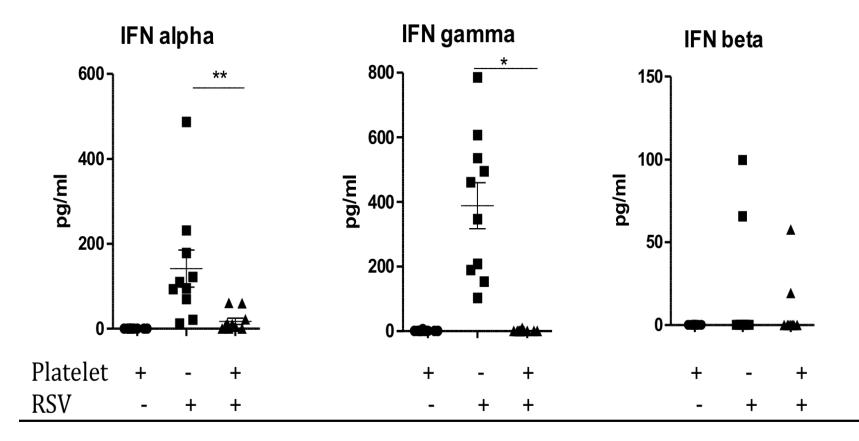
Results 1

• Platelet reduce RSV infection in monocytes



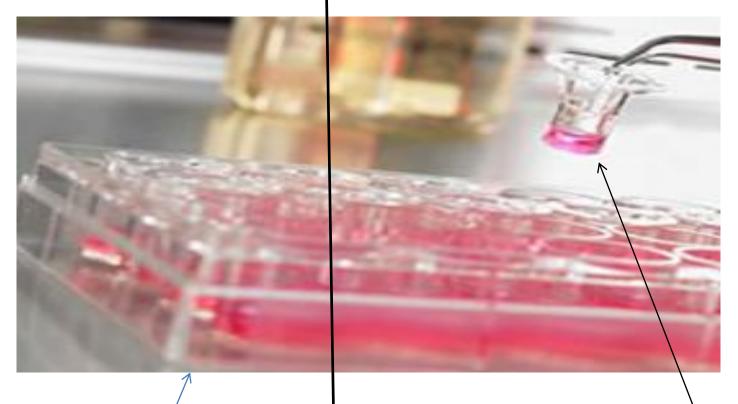
Results 2

 Platelet reduce IFN production from PBMCs following stimulation with RSV



RSV vs Purified agonist

Platelet-leukocyte interaction



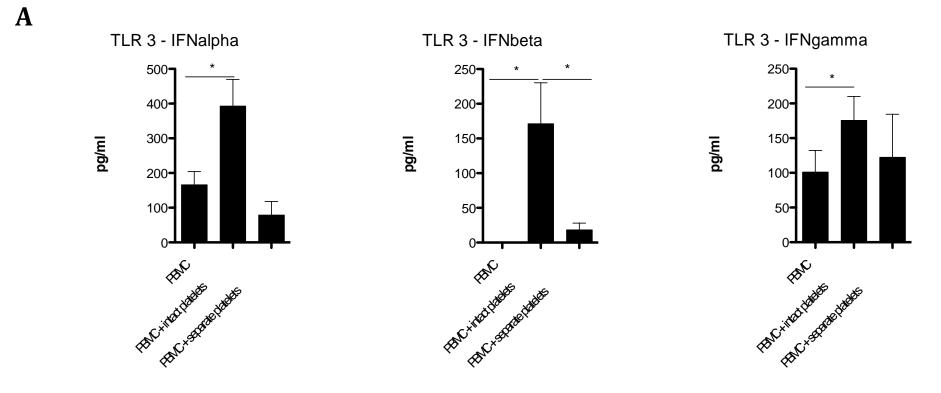
1. PBMCs (with and without platelets) + TLR 3 agonists

2. PBMCs + TLR agonists + Platelets separated by a 0.4 μm filter

Purified TLR 3 agonist – 100 μg/ml Poly IC
Transwell system

Results 3

- Platelet increase IFN production from PBMCs following stimulation with RSV
- Platelet-leukocyte direct interaction is important for these



Conclusion

- Results indicate that platelets are important in host innate defenses against RSV infection, and that direct platelet-monocyte interaction may be crucial for these effects.
- It can be speculated that platelets may be important in preventing vascular dissemination of the virus.
- Further studies need to be done to broaden the understanding of defense mechanisms of platelets during RSV infection.

I acknowledge,





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ASANTENI KWA KUNISIKILIZA!!